## Bahama Mama 2022

Chorégraphe : Christina Young – January 2022 Description : 32 count – 4 wall – 1 tag – 2 restart

Niveau: Beginner Intro: 64

Music: « Bahama Mama » Boney M



# SECTION 1: FORWARD SHUFFLE X 2, 1/2 TURN TO L WITH PIVOT TURN, FORWARD, SIDE TOUCH

Step RF forward, LF closed RF, step RF forward
Step LF forward, RF closed LF, step LF forward

4-8 Step RF forward, 1/2 turn to L changing weight on LF, step RF forward, touch LF to side

\* Wall 4: Restart 1 facing 9:00 Restart 3:00

# SECTION 2: FORWARD SHUFFLE X 2, 1/2 TURN TO R WITH PIVOT TURN, FORWARD, SIDE TOUCH

Step LF forward, RF closed LF, step LF forward
Step RF forward, LF closed RF, step RF forward

5-8 Step LF forward, 1/2 turn to R changing weight on RF, step LF forward, touch RF to side

\* Wall 9: restart 2 facing 12:00

### SECTION 3: (FORWAD, TOUCH) X 2, 1/4 TURN TO R WITH JAZZ BOX CROSS

Step RF forward, touch LF toe to L side, step LF forward, touch RF toe to R side
Cross RF over LF, 1/4 turn to R stepping LF back, step RF side, cross LF over RF

#### SECTION 4: (SIDE SHUFFLE, BACKWARD ROCK, RECOVER) X 2

1&2 Step RF to side, LF closed RF, step RF to side

3-4 Rock LF backward, recover on RF

5&6 Step LF to side, RF closed LF, step LF to side

7-8 Rock RF backward, recover on LF

### **RESTART & TAG**

On the 4th wall, you will dance to 8 counts and start again after 4 counts of tag

#### Tag step is Jazz box touch

1-4 cross LF over RF, step RF backward, step LF side, touch RF toe beside LF

On the 9th wall, you will dance to 16 counts and start again

Si, Seniors! Courriel: <a href="mailto:countryseniors@free.fr">countryseniors@free.fr</a> - Web: countryseniors.free.fr